



Registration for Support Groups

Thank you for showing interest in the Metal for Life NI support groups.

The support groups are free-of-charge. You do not need to commit to any set number of sessions, but it would be great if you came to a few in succession, so that we can all get to know each other better. You will be asked to sign an agreement and confidentiality statement before each session starts.

Before you can attend we need to you tell us a few details about you.

We will use this information only for the following purposes:

- Deciding how many support groups we need to offer – numbers in each group is limited to 10
- Reminding you to attend the group
- Being able to contact you if we have to change the location or time suddenly
- Contacting you for feedback on the group content or operation
- Demographics for future application for funding of the Metal for Life NI group

Your details will be handled confidentially and held securely by the Metal for Life NI core team and will not be forwarded to any other parties. You are entitled to ask us to remove your information from our records at any time.

Please do not hesitate to contact us if you have any concerns about the handling of your details.

Please tell us:

- **Your name**
- **Your mobile number**
- **Your age**
- **Your Postcode**

Please send your registration details to:

- **Facebook messenger : Gillian Kansanaho**
- **Email: info@metalforlifeni.co.uk**
- **www.metalforlifeni.co.uk**
- **Metal for Life NI mobile: + 44 7484 622 343**

We hold support group sessions on Saturday afternoons in Central Belfast and on Thursday evenings in Ballyclare. The dates, times and location will be sent to you after registration. If you have any other preferences for times and locations, which we could consider in the future, please let us know when you register.

Thank you! Metal for Life NI will be in touch to tell you when and where your support group sessions will be. We look forward to meeting you.

Metal for Life NI is funded by PHA through SACN - Promoting Mental Health & Suicide Prevention Small Grants Scheme.

